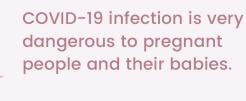# SHOULD I GET THE COVID-19 VACCINE?

The American College of Obstetricians and Gynecologists, and Society for Maternal Fetal Medicine recommend that pregnant and breastfeeding people should be vaccinated against COVID-19.

COVID-19 infection is very dangerous to pregnant people and their babies.

COVID-19 vaccines are highly effective and do not contain live virus. The vaccines are safe to take before, during, and after pregnancy.

If you get an mRNA COVID-19 vaccine during pregnancy, especially in the third trimester, your baby may also be protected. The antibodies that your body makes in response to the vaccine can pass to your baby.

After the shot, you may get a fever, body aches, headache, or feel tired. This is an expected response to the vaccine. You can treat these side effects with acetaminophen (Tylenol).